

Sensory Shopping

Your guide to shopping at
Manor Walks Shopping & Leisure



Sensory Shopping at **Manor Walks Shopping & Leisure**

We have designed this guide to help you have a pleasant and fun visit to the centre, and feel safe and supported while you are here.

This guide has been set up into sections, to help you find the information you need before you visit, and while you are at the shopping centre. The page numbers and sections are listed below:



Planning your visit:

- 3 Information on opening times**
- 4 How to get to Manor Walks Shopping & Leisure**
- 5 Getting into the shopping centre**



When you are here:

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Address:

Manor Walks Shopping & Leisure,
Cramlington, Northumberland, NE23 6UT

t 01670 735023

w www.manorwalks.co.uk

Planning your visit:

Information on opening times

The centre is open **7 days a week**, the opening times are below:

On Monday to Saturday,
we are open:

*Retailer times vary, please check the website for individual store opening times



8:00 AM



8:30 PM

On Sundays, **we are open:**



9:30 PM



4:30 PM

The shopping centre is...

quietest:
Sunday

busier:
Christmas and School Holidays

busiest:
Friday and Saturday

Planning your visit:

Ways to travel to Manor Walks



- Manor Walks is easily accessible via car with three main car parks that have Blue Badge spaces for Registered Blue Badge holders and Parent and child friendly spaces with wider parking bays.
- Sainsbury's Car Park - **NE23 6QW**
- ASDA Car Park - **NE23 6UY**
- Vue Cinema Car Park - **NE23 6QD**



- Manor Walks is situated 5 minutes walk away from **Cramlington Railway Station**
- A regular rail service operates from **Newcastle City Centre** and **Morpeth**
- For train departures and arrivals please check the National Rail website or call **08001385560**



- The bus stop is directly outside of **Manor Walks east entrance**. The centre has regular services which are served by **Arriva** and **Go North East**.

Arriva

- | | | | | |
|------|------|-------|------|-------|
| • 43 | • 53 | • 57A | • X8 | • X10 |
| • 52 | • 57 | • 58 | • X9 | • X11 |

Go North East

- | |
|------|
| • 19 |
| • 42 |



- Manor Walks also has **designated cycle routes/shared footpaths**
- Cycle racks located around site in our east (Sainsbury's), west (Asda) south (Vue Cinema) car parks and also off Forum Way opposite The Lord of the Manor.

Planning your visit:

Getting into Manor Walks

You can enter the centre through **5 entrances**

Through the main entrance from **west mall car park** (near Asda)



Through the main entrance from the **bus links** (near Sainsburys)



Through the entrance from **east mall car park** (Sainsburys main entrance)



Through the main entrance from **Forum Way** (near Barclays)




Through the main entrance from **south mall car park** (near Vue)




When you are here:

How we will support you



Centre Management

Should you need help, **Manor Walks Centre Management** is located in-between **Bonmarche** and **Newcastle Building Society** in Centre Square. You will find us up the stairs and to the left, there is also a lift for your convenience



Show your **Autism Awareness Card** / Other ID.

Tell our staff what help you need

All our staff have received specialist training in **autism, dementia and disability awareness**

When you are here:

What shops we have at the centre

Our most popular shops are:



ASDA

Asda

Sells groceries, clothing and homeware.

Located in the west mall and is one of two main supermarkets at Manor Walks.

New Look

bright store that sells women's clothes, shoes and accessories.

Located in centre mall



wilko

Wilko

sells things for your home, beauty products and stationary.

Located in centre square



Vue cinema

The cinema has nine screens including the largest screen in the North East.

Located on the south mall next to Manor Walks friendly restaurants



When you are here:

Floorplan

The floorplan to the centre is below. If you are struggling to find somewhere, please do ask any member of Manor Walks Staff. A full list of our shops can be found at: www.manorwalks.co.uk



Baby changing facilities and accessible toilets located in the **west** and **south mall**.

The south mall disabled toilet has a **RoomMate** which is an electronic, wall-mounted device, which offers Blind and Visually Impaired visitors to Manor Walks a bespoke audio description upon entering the toilet.

Please feel free use the accessible toilets if you have any issues with hand dryers

When you are here:

Places to eat

There are many places for you to get food from within the shopping centre:



The Kitchen is a small café located on the south mall that sells sandwiches, soups, cakes and a range of hot and cold drinks including coffee and tasty milkshakes. There is a range of seating available including inside and outside of the café.



Nandos is a great restaurant to meet up with friends and try something new, they offer their famous chicken in all spices to suit all tastes. The restaurant has plenty of seating both inside and outside.

Do you want to bring your own lunch?

We have plenty of seating throughout the centre to take a seat and eat your own lunch



Is there a shop or eatery you would like to visit while at the shopping centre? Please use the space below if you would like to plan your visit:

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When you are here:
People you may see

While at the shopping centre, you may see the following people:

**Customer
Service /
Security
Staff**



**Cleaning
Staff**

**Other
Shoppers**



When you are here:
Things you may see



Photo Booths



Kiddie Rides

Visual Store Guides

Promotional Kiosks



Events



Seasonal decorations

We welcome any feedback you may have about this guide.

Did you find it useful?

Is there anything that would
have made your visit better?

Contact us:

e: info@manorwalks.co.uk

tel: 01670 735 023



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